What's on at the Leavesden Green Hub?





LyriK Theatre Arts — Performing arts classes for children with SEND, Thursdays 4.10-5.10pm Come and join our LyriK family with inclusive performing arts classes that provide a fun and safe space for your child to take part in singing, dance and drama; helping to improve their confidence and Book your free trial at www.lyriktheatrearts.com or email Kim at lyriktheatrearts@gmail.com communication, and their social and gross motor skills.



Lighthouse cafe coffee morning — Mondays 10am-12pm (term-time only)

Come along to enjoy a coffee and slice of cake with friends - or to make some new ones!



Tai Chi — Saturdays 11.15am-12.45pm

Come along to relax, recharge and learn this ancient, moving meditation. All abilities are welcome. Contact Julie at julie@leestyletaichi.co.uk or 07958 777 026 for more information and bookings, or just drop by and give it a try!





Join Steve for a class suitable for all levels! Find out more by emailing stephenaheath@ntlworld.com or by calling 07701 086 042.



Free co-parenting and unhealthy relationship programmes for men and women, offering advice and support from peers and professionals. Please call 07376 244 719, email info@parallellives.org.uk or visit www.parallellives.org.uk



Services for Young People - Tuesdays 6-8pm (term-time only)

Services for Young People offers an opportunity to spend time in a positive environment and develop skills with your friends. Everyone is welcome! Visit www.servicesforyoungpeople.org to find out more.



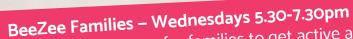
Family fun – Thursday afternoons from 1-2.30pm

Free drop-in sessions - no need to book! Meet other families with young children and babies in a supportive, stimulating and friendly environment. For more information on what the Family Centre Service has to offer, please visit www.hertsfamilycentres.org or call 03001 237 572.



Little Blossom Nursery

For all enquiries please contact 07939 948 237 or email littleblossomnurseryleavesden@outlook.com



Free 12-week Course for families to get active and learn about nutrition together to kickstart a healthier lifestyle. For more information, visit their website at

